2021 Great Lakes Athletic Trainers' Association 54th Annual Meeting and Symposium *Virtual Format*

The 54th Great Lakes Athletic Trainers' Association Annual Meeting and Clinical Symposium will offer approximately 40 CEUs in total, including 11.75 EBP CEUs (pending BOC approval). All educational sessions are available on-demand and will remain accessible until December 31, 2021. You can view all of the sessions you want, at your own pace, and complete the assessments to earn CEUs. Personal computer and internet access required to access content. Registrants will receive a statement of credit after the viewing and completion of the post-session survey.

Registration and access to ALL educational content is \$99

Learning Objectives:

- Evaluate and apply evidence-based approaches within a patient-centered plan of care to diagnosis and treat clinical conditions across varied populations.
- Apply current best practices in the prevention and pre-hospital emergency management of injuries and illnesses.
- Assess and implement athletic training best evidence and practice to achieve the Quadruple Aim simultaneously improve health care, improve population health, improve provider well-being, and reduce healthcare costs.

EBP CEU Presentations

EBP Sessions are Pending Approval by Board of Certification

Injury and Illness Prevention and Wellness Promotion

- Risk Management & Emergency & Crisis Preparedness in Sports Medicine, Darryl Conway and Edward Strapp (1.25 EBP CEU)
- An Evidence-Based Approach to Exertional Heat Stroke: Prevention, Management, Tx, & Return to Activity, Christianne Eason and Robert Huggins (1.75 EBP CEU)

Examination, Assessment and Diagnosis

• Why Subacromial Impingement Does Not Exist: An Evidence-Based Look at the Shoulder, Sean Gough (1.5 EBP CEU)

Immediate and Emergency Care

- Examination of the 2020 International Consensus on First Aid Science with Treatment Recommendations, David Berry (1.5 EBP CEU)
- A Health Care Provider's response to the Active Shooter: Event Response and Trauma Management, Edward Strapp and Darryl Conway (1.25 EBP CEU)

Therapeutic Intervention

- Treatment of Foot and Ankle Dysfunction with Manual Therapy: Advanced Evidence-Based Techniques, Edward Jones, Spencer Shore (1 EBP CEU)
- Life after ACL Injury: Optimizing Muscle Function Now to Preserve Health and Well-Being Later, Grant Norte and Adam Lepley (1.25 EBP CEU)

- Improved Patient Care for the Permanently Sidelined Athlete, Jordan Anderson (1 EBP CEU)
- Instrument-Assisted Soft Tissue Mobilization and Exercise for the Treatment of Plantar Fasciosis, Mike Ploski (1.25 EBP CEU)

Category A CEU Presentations

Injury and Illness Prevention and Wellness Promotion

- You are When You Eat: Timing is Everything, Issac L Hicks III (1.5 CEU)
- Working with a Registered Dietitian on Your Sports Medicine Team, Julie Paszkiewicz (1 CEU)

Examination, Assessment and Diagnosis

- Athletic Hip Injuries, Shane Nho (.75 CEU)
- Musculoskeletal Ultrasound: Diving Deep For Injury Assessment, Erica Miller-Spears (1 CEU)
- A Discussion and Demonstration of Assessment and Treatment Techniques for Athletes with EILO/VCD, Alice Wilcoxson and Barbara Solomon *(2 CEUs)*
- Chronic Exertional Compartment Syndrome: Evaluation, Differential Diagnoses and Treatments, Joshua Pinkney (1 CEU)
- Bridging the Gap Between Neurophysiological Assessment and Clinical Practice, Grant Norte and Justin Rush (1 CEU)

Therapeutic Intervention

- MOON- 10 Year Results on ACL Reconstruction, Kurt Spindler
- The Power of Language: Use of Motor Learning Principles to Improve Movement and Recovery, Grant Norte, David Sherman (1 CEU)
- Impairment Based Rehabilitation Paradigms and the Use of Outcomes to Make Clinical Decisions, Cameron Powden and Stacey Gaven (1.5 CEU)
- Athlete Brain Health and Active Recovery of Concussion, Anthony Savino (1.5 CEU)
- Athletic Training Services to a Small City Public Safety Department 5 years of Data, Woody Goffinett (1.25 CEU)

Healthcare Administration and Professional Responsibility

- Appearance and Performance Enhancing Substances: The Pressure to Perform, Brian Parker (1.25 *CEU*)
- Creating an Inclusive Environment: Providing Transgender-Friendly Healthcare, Jordan Carmosino (1 CEU)
- Planning for LGBTQ+ Patients in the Athletic Training Facility, Kristine Ensign and Emily Munson (1.25 CEU)
- Maximizing Clinical Experiences: A Young Athletic Trainer's Guide to Success, Elizabeth Neil and Connor Burton (1 CEU)
- Soft Skills Are The New Hard Skills: Securing A Competitive Advantage In Healthcare, Matthew Kutz (1 CEU)
- Leadership 360: Navigating Workplace Complexity From Every Direction, Matthew Kutz (1.5 *CEU*)
- Advancing Through Advocacy, Amy Brugge (1 CEU)

- Identifying Gaps, Promoting Professional Advocacy, and Improving Athlete Care in Secondary Schools, Christianne Eason and Robert Huggins *(1 CEU)*
- Committee on Practice Advancement: Advancing a Profession. Advancing Careers, Lorena Oliver and Holly Odean-Carpenter (1 CEU)
- AT Advocacy Making Real and Lasting Impact, Clark Simpson and Joe Greene (1.5 CEU)

Free Communications-

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes, which concludes with clinical/practical application.

- Free Communications Hour 1 (1 CEU)
- Free Communications Hour 2 (1 CEU)
- Free Communications Hour 3 (1 CEU)



The Great Lakes Athletic Trainers' Association is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

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