

# Great Lakes Athletic Trainers' Association

## 55<sup>th</sup> Annual Meeting and Symposium



# GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

**March 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> 2022**

**The Westin Chicago North Shore**

**Wheeling, IL**

**20 CEUs**

“GLATA is approved by the Board of Certification, Inc.  
to offer continuing education for Certified Athletic Trainers.”

**\*Continuing Education Units' Statement of Credit  
will be distributed within 30 days following the meeting\***



## Registration Hours

### Ravinia Ballroom Pre-Function Area

Wed, March 9 <sup>th</sup>	1:00pm – 5:00pm
Thurs, March 10 <sup>th</sup>	8:00am – 3:30pm
Fri, March 11 <sup>th</sup>	7:00am – 12:00pm

## Exhibit Hours

Fri, March 11 <sup>th</sup>	8:30am – 1:30pm
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## Committee Meetings

### Executive Committee

Wed, March 9 <sup>th</sup>	7:30am – 6:00pm – Lake Michigan A
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### Critical Incident Stress Management (CISM)

Thurs, March 10 <sup>th</sup>	7:30am – 9:00am – Lake Michigan Ballroom
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### Women in Leadership

Thurs, March 10 <sup>th</sup>	8:30am – 9:30am – Birch Room
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### Secondary School Athletic Trainer Committee

Thurs, March 10 <sup>th</sup>	4:00pm – 5:00pm – Birch Room
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### Research Committee

Fri, March 11 <sup>th</sup>	2:00pm – 3:00pm – Birch Room
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GLATA Conference Meeting area has **FREE Wi-Fi** – Network name – glata2022

**No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.**

# Mini Courses

## Wednesday, March 9<sup>th</sup>

**Mini Course**                    **Introduction to Dry Needling for Clinical Practice**

5:00pm – 9:00pm                Brian Hertz, PhD, ATC, SFDN, ITAT

(4 CEUs)                            Meg Frens, MS ATC

**Birch Room**

\*Pre-Workshop materials will be sent on February 25<sup>th</sup> that are required to be completed prior to the workshop date.

## Thursday, March 10<sup>th</sup>

**Mini Course**                    **American Heart Association CPR-PR Recertification - Healthcare Provider**

6:30pm – 9:30pm                Matthew Marzullo, MEd, ATC

(NO CEUs)                        Steve Mayo, MS, ATC

**Birch Room**

\*Pre-Workshop materials will be sent on February 25<sup>th</sup> that are required to be completed prior to the workshop date.

## Saturday, March 12<sup>th</sup> - **CANCELLED**

**Mini Course**                    **Managing the unknown, The Athletic Trainer's Role in a Mass Casualty Event**

8:00am – 11:00am                Darryl Conway, MA, ATC

(3 CEUs)                            Edward Strapp, FP-C, TP-C, NRP, ATC

**Birch Room**

# General Program

Thursday, March 10<sup>th</sup>

9:00am – 12:00pm

## **GLATA Oral Free Communication Session**

*Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.*

Moderators: Janet Simon, PhD, ATC

Chris M. Kuenze, PhD, ATC

Cameron Powden, PhD, ATC

**Botanic Ballroom**

## **Examination of Talocrural Joint Mobilization Inter-Rater and Intra-Rater Reliability**

Cameron Powden, PhD, ATC, University of Indianapolis

9:00am – 9:10am

## **Females with Centrally-Sensitized Patellofemoral Pain Exhibit Delayed Muscle Function but not Altered Knee Kinematics**

Kemery Sigmund, MS, ATC, NASM-PES, Concordia University Wisconsin

9:10am – 9:20am

## **Strength Differences in Injured and Healthy Limbs at 4 Months and 9 Months Post-ACL Reconstruction**

Madison Sehmer, MAT, ATC, University of Wisconsin - Madison

9:20am – 9:30am

## **Muscle Activity During Lumbopelvic-Hip Complex Stability Assessments in Individuals with Patellofemoral Pain**

Erika Zambarano, MS, ATC, University of Toledo

9:30am – 9:40am

## **Investigating the Effect of External Focus Instruction Versus Internal Focus Instruction and a Control on Jump-Landing Biomechanics in Healthy Females**

Hayley Ericksen, PhD, ATC, University of Wisconsin-Milwaukee

9:40am – 9:50am

## **The Effect of Footwear on Lower Quarter Y-Balance Test™ Outcomes**

Meghan Jacobs, ATC, Purdue University

10:00am – 10:10am

## **Flexibility, Balance, and Strength Comparisons between Adolescent Long-Distance Runners With and Without A History of Bone Stress Injury**

David Bazett-Jones, PhD, ATC, CSCS, University of Toledo

10:10am – 10:20am

## **Reliability and Criterion Validity of Knee and Hip Frontal Plane Projection Angle and Dynamic Valgus Index in Those with Patellofemoral Pain**

Erin Lally, MS, ATC, University of Wisconsin-Milwaukee

10:20am – 10:30am

**Ankle Kinematics Following Sural Nerve Stimulation During Drop Landing in Subjects with and without Chronic Ankle Instability**

Annalee Friedman, MS, ATC, Indiana University - Bloomington  
10:30am – 10:40am

**Perceived Effectiveness of Onboarding Programs for Athletic Trainers**

Rachel Reinhart, MS, ATC, Ohio Health  
10:40am – 10:50am

**Factors Influencing Stakeholder Beliefs of Preceptor Selection & Development**

Jessica Huett, ATC, PES, CES, Manchester University  
11:00am – 11:10am

**Health Literacy Communication Strategies in Athletic Training**

Kim Calvert, MS, ATC, PES, A.T. Still University  
11:10am – 11:20am

**Athletic Training Students and Social Work Students' Perceptions of Occupational Stereotypes Before and After a Single Interprofessional Education Event**

Rhonda Verdegan, PhD, ATC, CSCS, Concordia University Wisconsin  
11:20a, – 11:30am

**Access to Athletic Trainers and Sources of Medical Care in Collegiate Rugby**

Stacy Solberg, ATC, Indiana State University  
11:30am – 11:40am

**The Prevalence of Generalized Anxiety Disorder (GAD) in Collegiate Athletic Trainers**

Kylee Sparks, MS, ATC, Ohio University  
11:40am – 11:50am

9:00am – 11:00am

**NATA Shared Professional Values (PV): Learning to recognize shared PV in professional practice (Learning Lab)**

Kimberly Peer, EdD, ATC, FNATA  
Gretchen Schlabach, PhD, ATC  
**Lake Michigan Ballroom**

9:00am – 10:00am

**Caring for Pregnant and Postpartum Athletes**

Stephanie Born, PhD, CSCS, CPT, Pn2  
Alyssa M Matejka, DAT, ATC, PCES  
**Ravina Ballroom ABC**

10:00am – 11:00am

**Mental Health Concerns in Children and Adolescents: Screening Implementations and Impact of Injury**

Julie Young, MA, ATC, PES, Mental Health First Aider  
**Ravina Ballroom ABC**

11:00am – 1:00pm

**MARCH Trauma Assessment: An Evidence Based Approach for implementing START Triage, with the MARCH assessment (Learning Lab)**

Darryl Conway, MA, ATC  
Edward Strapp, FP-C, TP-C, NRP, ATC  
**Lake Michigan Ballroom**

- 11:00am – 12:00pm **Dry Needling for Pain Management: Mechanisms and Evidence**  
 Brian Hartz, PhD, ATC, SFDN, ITAT  
**Ravina Ballroom ABC**
- 12:00pm – 1:00pm **Prescribing “Rest”: How to Optimize Recovery**  
**Sponsored by Gatorade**  
 Lisa Heaton, MS, RD, CSSD, LDN  
**Ravina Ballroom ABC**
- 1:00pm – 3:00pm **CECAT Quiz Bowl**  
**Sponsored by ISU Doctorate in Athletic Training Program and Mueller**  
**Botanic Ballroom**
- 1:00pm – 3:00pm **Musculoskeletal Ultrasound: Diving Deep for Injury Assessment (Learning Lab)**  
 Erica Miller-Spears, PA-C, ATC, RMSK  
**Lake Michigan Ballroom**
- 1:00pm – 2:00pm **Cardiovascular effect of COVID-19**  
 Jeffrey Mjaanes, MD  
**Ravina Ballroom ABC**
- 2:00pm – 3:00pm **Implementing an EMR in Clinical Practice**  
 Nicole DeStefano, MS, ATC  
 Sarah Rowe, ATC  
**Ravina Ballroom ABC**
- 3:00pm – 4:00pm **CECAT Career Roundtable and Social Networking**  
**Sponsored by Athletico**  
**Botanic Ballroom**
- 3:00pm – 5:00pm **Impairment Based Rehabilitation Paradigms and the Use of Outcomes to Make Clinical Decisions (Learning Lab)**  
 Stacey Gaven, PhD, ATC  
 Cameron Powden, PhD, ATC  
**Lake Michigan Ballroom**
- 3:00pm – 4:00pm **Peer-to-Peer Support Following a Crisis: The Pandemic is a Crisis**  
 Tanya Marquez, MS, ATC, CCISM  
**Ravina Ballroom ABC**
- 4:00pm – 5:00pm **Taylor Hooton Foundation**  
**Appearance and Performance Enhancing Substances:**  
**The Pressure to Perform**  
 Brian Parker  
**Ravina Ballroom ABC**
- 4:00pm – 5:00pm **CECAT Poster Free Communication Session; Authors present**  
**Botanic Ballroom**
- The Influence of Family Functioning on Recovery Following Concussion**  
 Aaron Zynda, BS, CCRP, Michigan State University
- Athletic Training Educators' Perceptions of Diversity in Athletic Training Programs**  
 Kaitlyn Kendrick, BS, Franklin College



**Vasti Motor Unit Contributions to Knee Extension Torque Variability after ACL Reconstruction**

Alekhya Varada, BS, University of Toledo

**Collegiate Track Athlete with Tenosynovial Giant Cell Tumor and Labral Tear of the Hip: A Level 1 CASE Study**

Abigail Stoy, Purdue University

**Right Hip Pain in a Collegiate Football Athlete: A Level 1 CASE Study**

Isabella Hannigan, Purdue University

**Fibula stress fracture in a high school female cross country runner: A Case Report**

Alyssa Dall, Grand Valley State University

**Cystic fibrosis related diabetes mellitus in high school athlete**

Mary Ryan Pennington, Grand Valley State University

**Heat Illness Associated with the Cardiovascular System: A Case Study**

Kaileigh Christy, Kent State University

**Morel-Lavallee Lesion in a High School Athlete**

Kiana Rosales, Grand Valley State University

**Presentation of a Groin Injury in a Collegiate Football Player: A Level IV Case Study**

Kathryn Ruark, University of Indianapolis

**Posterior Hip Dislocation in a Collegiate Football Player: A Level 4 Case Study**

Abigail Homrich, Purdue University

**Multi-Sport Athlete Return to Participation Following Transmetatarsal Amputation**

Alexis Branham, Purdue University

**Undiagnosed Shoulder Pathology in a Division I Soccer Goalkeeper: A Level IV Case Study**

Gabrielle Spangler, University of Indianapolis

**Osteochondral Lesion of the Left Trochlea of the Elbow**

Jacob Spiess, Grand Valley State University

5:00pm – 6:30pm

**GLATA BUSINESS MEETING**  
**Ravinia Ballroom ABC**

7:00pm – 9:00pm

**Clinical Data You Can Use: Visualizing Patient Data in Microsoft Excel (Learning Lab)** \*\*Participants need to bring a computer with Microsoft Excel installed\*\*

David Bell, PhD, ATC

Christopher Kuenze, PhD, ATC

**Lake Michigan Ballroom**

## Friday, March 11<sup>th</sup>

7:30am – 8:30am

### **STATE MEETINGS**

Illinois        **Ravinia ABC**  
Indiana        **Lake Michigan Ballroom**  
Michigan       **Botanic Ballroom**  
Minnesota     **Elm Room**  
Ohio            **River Ballroom**  
Wisconsin      **Birch Room**

8:30am – 1:30pm

### **EXHIBIT HALL OPENS**

**Ravinia Ballroom DEF**

8:30am – 10:30am

### **Developing and Implementing Onboarding Best Practices (Learning Lab)**

Candice Dunkin MS, ATC  
Laura Harris, PhD, ATC  
**Lake Michigan Ballroom**

8:30am – 9:30am

### **How to determine when an athlete needs hip arthroscopy and what can they expect?**

Geoffrey Van Thiel, MD, MBA  
**Ravina Ballroom ABC**

9:30am – 11:30am

### **GLATA Oral Free Communication Session**

*Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.*

Moderators: Hayley Ericksen, PhD, ATC  
Alex Wong, DAT, ATC  
**Botanic Ballroom**

### **Collegiate Track Athlete with Tenosynovial Giant Cell Tumor and Labral Tear of the Hip: A Level 1 CASE Study**

Abigail Story, Purdue University  
9:00am – 9:10am

### **The Impact of Sport Specialization on the Physical Health of Middle School Athletes**

Timothy Smith, MS, ATC, Covenant Health  
9:10am – 9:20am

### **The Impact of Socioeconomic Status on Sport Participation**

Mayrena Hernandez, MPH, ATC, University of Wisconsin - Madison  
9:20am – 9:30am

### **Rectal Temperature Cooling Rates in the Polar Life Pod are Excellent and Consistent with Stationary Tubs**

Kevin Miller, PhD, ATC, Central Michigan University  
9:30am – 9:40am

### **High School Coaches' Knowledge, Perception, and Current Practices Regarding Exertional Heat Illness in the United States**

Bailey Roberts, MS, ATC, Ohio Health  
9:40am – 9:50am



**Glenohumeral Instability in a Tier I Ice Hockey Player: A Level 4 Clinical CASE Study**

Jennifer Austin, PhD, ATC, GTS, Rocky Mountain University of Health Professions  
9:50am – 10:00am

**Morel-Lavallee Lesion in a High School Athlete**

Kiana Rosales, Grand Valley State University  
10:00am – 10:10am

**Impact of COVID-19 on Incidence of Sport-Related Concussion in High School Athletes from the State of Michigan**

Alyssa Pollard-McGrandy, MS, ATC, Michigan State University  
10:10am – 10:20am

**Examining Reporting Skill in Collegiate Athletes Following Concussion Education**

Christopher Tomczyk, MS, ATC, Michigan State University  
10:20am – 10:30am

**The Influence of Family Functioning on Recovery Following Concussion**

Aaron Zynda, BS, CCRP, Michigan State University  
10:30am – 10:40am

9:30am – 10:30am

**Lifespan Considerations for the Patellofemoral Joint: Preventing & Managing PFP & Osteoarthritis**

David Bazett-Jones, PhD, ATC, CSCS  
Grant Norte, PhD, ATC, CSCS  
**Ravina Ballroom ABC**

10:30am – 11:30am

**Preparing for an MCI Event, Understanding an Athletic Trainers Roll in Triage and Scene Management**

Darryl Conway, MA, ATC  
Edward Strapp, FP-C, TP-C, NRP, ATC  
**Ravina Ballroom ABC**

11:30pm – 12:30pm

**Exhibit Break & Poster Session**  
**Certified Poster Presentations**  
**Botanic Ballroom**

12:30pm – 3:30pm

**Leadership 4.0:**

Trevor Bates, DHSc, ATC  
Angela Beisner, MA, ATC  
Darryl Conway, MA, ATC  
Matthew Kutz, PhD, ATC  
**Lake Michigan Ballroom**

12:30pm – 1:30pm

**Advancing Diversity, Equity, Inclusion, and Access (DEIA) Through Evidence-Based Decision Making**

Michael Martinez, MS, ATC  
Jenny Toonstra, PhD, ATC  
Jeffrey Williams, PhD, ATC  
**Ravina Ballroom ABC**

- 1:30pm – 2:30pm **The Surprising Hydration Properties of Milk And The Science Behind a Sports Drink Made With Electrolytes and Carbohydrates Extracted From Milk**  
Bob Murray, PhD, FACSM  
**Ravinia Ballroom ABC**
- 2:30pm – 3:30pm **COVID and the Athletic Trainer: Psychological Implications on the Practice of Athletic Training**  
Aaron Sage, MA, ATC  
Jason Smith, DO, CIC, FAOASM  
**Ravinia Ballroom ABC**
- 3:30pm – 5:00pm **Pinky Newell Talk**  
"5 Components of Extraordinary Teams"  
Lee Rubin  
**Ravinia Ballroom ABC**
- GLATA Awards Presentation**  
**Ravina Ballroom ABC**

## **Saturday, March 12<sup>th</sup>**

- 8:00am – 9:00am **A Unique Case of Glenohumeral Instability in an Adolescent Athlete**  
Jennifer Austin, PhD, ATC, GTS  
**Lake Michigan Ballroom**
- 9:00am – 12:00pm **Safe Space Ally Training**  
Lorin Cartwright, MS, ATC  
Sean Rogers, DAT, ATC  
**Lake Michigan Ballroom**

# Call for Presentation Proposals for the 2023 GLATA Annual Meeting and Symposium

**March 8-11, 2023**  
*Wheeling, IL*

The Great Lakes Athletic Trainers’ Association Education Committee is inviting proposals for professional presentations at the 56<sup>th</sup> GLATA Annual Meeting and Symposium in Wheeling, IL, March 8-11, 2023. Athletic Trainers and affiliated professionals are encouraged to submit proposals for feature presentations, learning labs and mini-courses. Further descriptions and proposal guidelines proposals are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) of practice beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. Proposal submissions must avoid any affiliation with a commercial product or service.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, practice gap addressed, citations as well as a structured abstract (250 word limit; see website for format). All proposals must be submitted electronically through the GLATA website [[www.glata.org](http://www.glata.org)]. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **June 1, 2022** for consideration.

	<b>Length</b>	<b># of Speakers</b>	<b>Format</b>
<b>Feature Presentation</b>	1 hr	1-2 Speakers	Lecture only
<b>Learning Lab</b>	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
<b>Mini-Courses</b>	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker’s choice of lecture, lab or combination

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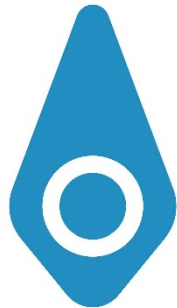
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# Great Lakes Athletic Trainers' Association

## 2022 Award Winners

### **Golden Pinnacle**

Scott Lawrance, DHSc, ATC

### **Outstanding Educator Award**

Kevin Miller, PhD, ATC

### **Dedicated Service Award**

Jeffrey Williams, PhD, ATC

### **Honorary Membership**

ICEU, LLC

### **President's Excellence Award**

Jessica Emlich Jochum, PhD, ATC

Siobhan Fagan, MEd, ATC, CSCS

Timothy McGuine, PhD, ATC

### **Kevin Gerlach Professional Development Award**

Roger Kalisiak, MEd, ATC-Ret

### **Public Relations Contest Winner**

### **2021 Research Award Recipients:**

#### **Thomas Weidner Research Assistance Award**

Cameron Powden, PhD, ATC; University of Indianapolis

Evaluation of the effect of maitland grade III anterior-to-posterior talocrural joint mobilization dosage on dorsiflexion range-of-motion in those with decreased motion and a history of ankle sprain

#### **Robert Behnke Research Assistance Award**

Erika Zambarano, MS, ATC; University of Toledo

Effect of Lumbopelvic-Hip Complex Stability Training on Stability and Movement Mechanics

#### **Gordy Stoddard Research Assistant Award**

Emma Nicholson, ATC; University of Toledo

Do Cognitive and Motor Brain Function Associate with the Biomechanical Dual-Cost during Double-Limb Landing

# ***GLATA Award Winners: 2002 – 2021***

## ***Honorary Membership:***

Elizabeth Arendt  
Lou Belch  
John Bergfeld  
Gary Calabrese

Michael Collins  
Gerry Detty  
Joe Eagan  
Scott Euype

David Fisher  
Peter Hovorka  
Beverly Knight  
Brian Matix

Richard Parker  
Paul Strandquist  
Kenneth Zisholz

## ***Outstanding Educator:***

Gerald Bell  
David Berry  
Rebekah Bower  
David Carrier  
Lorin Cartwright  
George Davies  
Carrie Docherty  
Lindsey Eberman  
Jessica Emlich  
Kenneth Games  
Katie Grove

Dorice Hankemeier  
Laura Harris  
Brian Hatzel  
Christopher Ingersoll  
Matthew Kutz  
Christine Lauber  
Scott Lawrance  
Larry Leverenz  
Malissa Martin  
Heidi Matthews  
Mark Merrick

Michael Miller  
Sally Nogle  
Jeff Oliphant  
Kim Peer  
William Pitney  
Jennifer Popp  
John Powell  
Richard Ray  
Gretchen Schlabach  
John Schrader  
Patrick Sexton

Renee Revis Shingles  
Craig Voll  
Stacy Walker  
Jessica Wallace  
Thomas Weidner  
Alice Wilcoxson  
Ryan Wilkinson  
Andrew Winterstein

## ***Dedicated Service:***

Steve Allison  
Trevor Bates  
Gerald W. Bell  
Ann Berry  
Amy Brugge  
Dale Burkhouse  
Dan Campbell  
Lorin Cartwright  
Perry Denehy  
Neal Dutton  
Jessica Emlich  
Christina Eyers  
Kevin Gerlach  
Mark Gibson  
Gretchen Goodman

Robert Gray  
Katie Grove  
Amy Hamilton  
Dawn Hammerschmidt  
Chris Huot  
Roger Kalisiak  
Lisa Kluchurosky  
Hollie Kozak  
Gary Lake  
Jan Lauer  
Scott Lawrance  
Larry Leverenz  
Tory Lindley  
Matt Marzullo  
Michael Medich

Justin Miller  
Brent Millikin  
James Moore  
Kari Odland  
Allen Passerallo  
Angela Perusek  
Jill Ponzi  
Dan Rasor  
Richard Ray  
Gary Reinholtz  
Steve Risinger  
Julie Rochester  
Mark Schauer  
Gretchen Schlabach  
Lisa Schoene

Patrick Sexton  
Brad Sherman  
Renee Revis Shingles  
Mark Stoessner  
Megan Streveler  
William Sullivan  
Wayne Vaupel  
Craig Voll  
Marion Vrugink  
Kerry Waple  
Ryan Weible  
Tom Weidner

## ***Golden Pinnacle:***

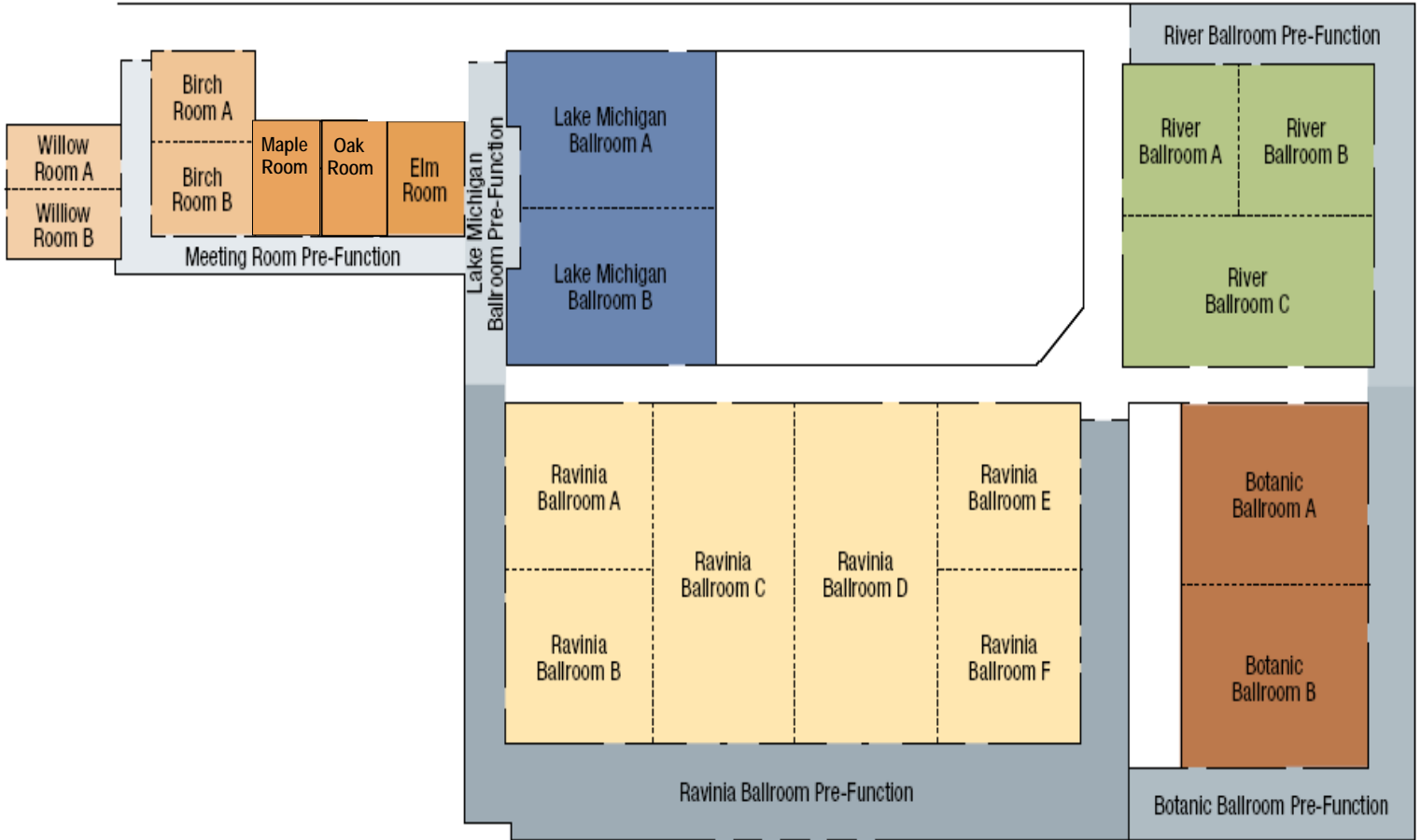
Marjorie Albohm  
Robert Behnke  
Gerald Bell  
Ann Berry  
Cynthia Booth  
Lorin Cartwright  
David Craig  
Kent Falb  
Tony Garofalo

Kevin Gerlach  
Mark Gibson  
Dale Googins  
Gordon Graham  
Robert Gray  
Catherine Grove  
William Hughes  
Carol Humble  
Roger Kalisiak

Gary Lake  
Jan Lauer  
Tory Lindley  
Dennis Miller  
Rod Moore  
Paul Plummer  
Richard Ray  
Julie Rochester  
John Schrader

Rick Shaw  
Kip Smith  
William Tessororf  
Craig Voll  
Marion Vrugink  
Tom Weidner  
Jerry Whetstone

# Westin Hotel Floor Plan



## GLATA Future Meetings

- March 8-11, 2023 - The Westin Chicago North Shore
- March 13-16, 2024 - The Westin Chicago North Shore
- March 12-15, 2025 - The Westin Chicago North Shore
- March 11-14, 2026 - The Westin Chicago North Shore